

Eczema – Severe Case

(from *Calcium Bentonite Clay, Nature's pathway to healing* by Perry A)

My mother is 83 years old. Mom would always talk about controlling her eczema. It was on the back off her neck and on the bend of her arms. Last year my sisters started telling me that mom, who generally walks about one to two miles every day, was not going out the door. This was because her skin was so messed up with eczema. What they described to me did not come close to what I saw when I got there to visit. She actually looked like an alligator from head to toe. Her skin, if you called it skin, was so crusty and brittle. Her eyes were red, and she was clearly scared to death.

Day 1: I made up a clay mask and covered her from head to toe. I allowed her to sit for 15 minutes or so. I put mom in a 6-foot bathtub of water as hot as she could stand it. I put 3 full cups of clay in the tub and sat with her for 30 minutes, constantly pouring the water over her neck and chest. I had her drink cool water while sitting in the tub.

When she got out, I patted her down and put Nutiva extra virgin coconut oil all over her, head to toe, wrapped her in a large towel and put her in the bed, where she stayed for two hours.

Day 2: The next day we repeated the process. When I got there, she was looking better already. The bed had scales from eczema.

Day 3: She looked even better. She had another clay bath and was in there for about 15 to 20 minutes. Another coconut oiling down and back in bed.

Day 4: When I arrived, she quickly opened the door. What a smile! Her skin was smooth as a baby's butt.

She is so happy. This was over a year ago, and her skin is still smooth because she continues with her modified treatments. This summer past my mother for the first time that I can remember attended the family reunion with a no-sleeve top! She strutted and danced all day. Oh how happy all of us are!

Brenda J.